Live from the Andes ...

28 January 2007, Chucuito, Peru
Eddyth VILGA CRUZ
Pedlar
Eddyth has a solar cooker. She built it during a training course in 2006. She is living with her husband and her three children.

Why a solar cooker?

Without the cooker
Eddyth used to use gas and wood to cook her meals. One gas cylinder lasted one to two months and cost about 9€ per month. As far as wood is concerned, Eddyth could not indicate us the quantity of wood she needed.

With the cooker
In addition to the solar cooker, Eddyth still uses gas and wood but now her cylinder lasts more than 5 months!

How to use it?
Eddyth works occasionally when the opportunity arises! The solar cooker is helpful when she is already busy and does not have time to come back home to prepare the lunch. She prepares it in the morning and when she comes back home, the lunch is hot and ready!

One of her activities is the sale of refreshments. From then on she can prepare them thank the solar cooker: water is pasteurized and the spices (cinnamon, clove...) put scent in the water, which can be drank hot or cold. The food of the family does not change that much: rice and quinoa.

What is its interest?
Eddyth tells us about savings of money (the gas bill split in two!) but it also saves a considerable amount of time. Finally she tells us that her favourite impact, as housewife, is that her husband now cooks! Solar cooking is so easy that now he does not have any excuse and furthermore he enjoys doing it!